

## Preparing

Strong plants grow in well-prepared soil.

At the outset of the project, I will call you to find out what you hope to get out of creating the LIFESCAPE personal memoir, the areas you would like to see covered and anything I should know about the person who is recording their life story.

To help them prepare, I send the person recording their memoirs an exclusive LIFESCAPE Planner, which contains a guide explaining clearly how they can rekindle their memories and organise their story. I also speak to them personally to reassure them about the interviews, answer any questions they have and set up the times for the interviews.